पूर्वीत्तर डंदिरा गांधी क्षेत्रीय स्वास्थ एवं आयुर्विज्ञान संस्थान, शिलांग

NORTH EASTERN INDIRA GANDHI REGIONAL INSTITUTE OF HEALTH & MEDICAL SCIENCES, SHILLONG (भारत सरकार, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, स्वायत संस्थान)

(An Autonomous Institute, Ministry of Health and Family Welfare, Government of India)

निदेशक ब्लॉक, मावडीयांगडीयांग, शिलांग - 793018 मेघालय Director's Block, Mawdiangdiang, Shillong - 793018 Meghalaya

E-mail - info.neigrihms@nic.in www.neigrihms.gov.in EPABX : (0364) 2538025 Tel : 0364-2538013/2538010 Fax: 0364-2538003

F. No.

No.NEIGR/Prin/2014/07

Dated 11th November, 2016

CIRCULAR

The Department of Medical Education, NEIGRIHMS is conducting Orientation Programme for the 1st year MBBS students on 15th November, 2016 (TUESDAY) at Lecture Theatre –2.

All concern students are directed to attend this programme.

Student Registration to this Programme is compulsory & complimentary. Hon'ble Director of NEIGRIHMS will address the students & speakers at 9:00 AM at the beginning of this Programme.

The 1st year MBBS classes are hereby suspended from 9:00 A.M. onwards on 15th November, 2016.

Dr. Subhraneel Paul and Dr. Ananya Goswami last year topper of MBBS are hereby directed to attend the same.

(Dr. V. Raphael)
Dean
Dated 11th November, 2016

No.NEIGR/Prin/2014/ 07 Copy to:

by to:

- 1. PA to the Director, NEIGRIHMS for kind information of the Director.
- 2. P.A. to the Dean, NEIGRIHMS for kind information of the Dean
- 3. PS to the Deputy Director (Admn), NEIGRIHMS for kind information of the Deputy Director.
- 4. Dr. A. Mishra, Chairman Medical Education Unit, NEIGRIHMS for kind information.
- 5. Dr. Md. Yunus, Co-ordinator Medical Education Unit, NEIGRIHMS for kind information
- 6. Dr. P. K. Bhattacharya, Prof and HOD Department of General Medicine for information. You are hereby requested to kindly release Dr. Subhraneel Paul MBBS

Intern on 15th November, 2016 from 8:00 AM to 5:00 PM to enable him to attend the Orientation Programme.

- 7. Dr. Bhaskar Borgohain, HOD I/c Department of Orthopaedic for information. You are hereby requested to kindly release Dr. Ananya Goswami MBBS Intern on 15th November, 2016 from 8:00 AM to 5:00 PM to enable her to attend the Orientation Programme.
- 1. Concerned HOD/HOD in-charge, NEIGRIHMS for information.
- 2. Pynhun Sutnga, DPA for uploading in the Institute website

3. Hostel Notice board

(Dr. V. Raphael)

Dean

DEPARTMENT OF MEDICAL EDUCATION

ORIENTATION PROGRAMME FOR FIRST YEAR MBBS STUDENTS-2016

Date: 15th November 2016 (Tuesday)

Venue: Lecture Theatre- 2 (LT-2), NEIGRIHMS, Shillong Co-ordinator: Dr Himesh Barman & Dr. Md. Yunus



PROGRAMME SCHEDULED

Timings	Topics	Speakers
8:00 AM to 8:30 AM	Registration	
8:30 AM to 9:00 AM	Introduction & welcome of new MBBS student	Dr. Himesh, Dr. Md. Yunus, Dr. Subhraneel, Dr. Ananya
9:00 AM to 9:25 AM	The Academic Roadmap of MBBS	Prof. A. Santa Singh
9:25 AM to 9:55 AM	Address by	Director, Dean, Principal & Deputy Director
9:55 AM to 10:10 AM	Tea/ Coffee	
10:10 AM to 10:35 AM	Grooming, etiquettes and communication skill	Prof. Vandana Raphael
10:35 AM to 11:00 AM	Rules, regulations and conduct	Dr. Yookarin Khonglah
11:00 AM to 11:25 AM	Tips of effective learning	Dr. Himesh Barman
11:25 AM to 11:50 AM	How to recognise stress and when to seek help	Dr. Arvind Nongpuir
11:50 AM to 12:15 PM	National Health priorities	Dr. Himashree
12:15 PM to 12:40 PM	Surviving MBBS guidelines!	Dr. Md. Jamil
12.40 PM to 1:30 PM	Working Lunch (Followed by orientation visit of the hospital area)	Accompanied by programme coordinator
1:30 PM to 1:45 PM	Emergency Department (ED)	Dr. Kevin Zodin Donoghue
1:45 PM to 2:00 PM	Main ICU and operation theatre	Dr. Samarjit Dey
2:00 PM to 2:15 PM	CTVS (Open Heart surgery set up)	Dr. J.P. Kalita
2:15 PM to 2:30 PM	Cath-lab and coronary care unit	Dr. Amit Malviya / Dr. Saha
2:30 PM to 2:45 PM	Medical ward	Dr. Md. Jamil
2:45 PM to 3:00 PM	Surgical ward	Dr. Donkupar/Dr. D. Tongper
3:00 PM to 3:15 PM	Obstetrics & Gynae ward and Labour room	Dr. Annanya Das
3:15 PM to 3:30 PM	Radiology Department -X-Ray, CT, MRI	Dr. Donbok Lynser
3:30 PM to 3:45 PM	Paediatrics and Neonatology	Dr. Sourabh Duwarah/Dr. Dipen
3:45 PM to 4:25 PM	Microbiology, Pathology and Biochemistry lab	Dr. Clarissa J. Lyngdoh, Dr. Eva Marbaniang & Dr. Happy Chutia
4:25 PM to 4:35 PM	Tea/ Coffee (LT-1)	
4:35 PM to 5:00 PM	Discussion and feedback	Dr. Md. Yunus
	•	

(Coordinator for orientation visit of the hospital area – Dr. Star, Dr. Himesh, Dr. Md. Jamil, Dr. Samarjit, Dr. Himashree, Dr. D. Tongper, Dr. Clarissa Lyngdoh, Dr. Subhraneel, Dr. Ananya, Mr. Mike)